





## **TEEN SUPPORT GROUP**



## **Come Join Us!!**

## EVERY 3rd Thursday

**Free!!** Therapeutic support group for adolescent girls ages 12-17. We utilize strength building techniques and group process to foster healing, self-awareness, mindfulness, and empowerment.

Start: October 15<sup>th</sup>, 2015

Time: 5:30pm-7:00pm

To enroll in this group call 229-245-5362