



CAREGIVER SUPPORT GROUP

Caregivers will learn about the effects of trauma, how to build a safe place for their child, how to deal with their child's feelings and behaviors, connections and healing, becoming an advocate and self-care. The group is **FREE** and open to all parents and caregivers of children who have experienced trauma who want to support their own and their child's healing.



Every 1st Thursday

Start: November 5th

Time: 5:30pm-7:00pm

To enroll in this Caregiver Group

Please call 229.245.5362

